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| **Planning tool** | **Evaluate whether your PDP goals are SMART-F**  |
| In the column headed ‘interim goals’, list the interim goals (main outcomes) to undertake to achieve your overall goal or vision. These might be qualifications, experience, skills to acquire, etc. Consider whether each of these is specific, measurable, achievable, realistic, time-bound (with clear start and dates). Can it be flexed or adapted? Write ‘yes’ or ‘no’ in the boxes as appropriate. |
| **Interim goal/ target** *(write below)* | **Specific** | **Measurable** | **Achievable** | **Realistic** | **Time-bound** | **Flexible** | **Comments/changes to make** |
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